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Money Matters

Pension protection
Are you doing all that you can to maximise your pension position? Whatever you do – don’t get hit by the tax men says Ray Prince.

Tricky reactions
More than people ever before have an allergy to something, but what do you do if your patients are allergic to you? Mabri explains.

Keeping fit
Composite is a fantastic material with an abundance of uses, but are you making the most of it? Philip Lewis shares his ideas.

Helping hand
Read how Dental Hygienist, Barbara Koffman traveled to Uganda to promote and improve dental facilities with her team.

Dental Tribune would like to apologise for printing Simon Hocken’s details incorrectly in the previous issue. Hocken can be contacted at The Breathe Business Group by emailing Simon@nowbreathe.co.uk or calling 01548 855660. More information can be found at www.nowbreathe.co.uk

News in brief

Benevolent draw
The Christmas Draw for the British Dental Association Benevolent Fund raised £255,000. Applications to the Fund rose by 50 per cent in 2008, with £2,600,000 given to needy dentists and their families.

Sponsored silence
A dental nurse in Hereford held a sponsored silence to raise money for Breast Cancer Haven. Kate Beale, who works at Smith, Coleman and Hoolman Dental Practice in Bromyard, kept a day of silence in support of a relative with cancer.

Dental statistics
Chief Dental Officer, Barry Cockcroft has welcomed the latest access dentistry statistics from the NHS Information Centre. The figures showed an increase of 400,000 (2.4 per cent) in the courses of treatment delivered by NHS dentists, in 2008/09 from the same period last year.

Dr Cockcroft said: ‘This is good news for patients. Access to NHS dentists, in 2008/09 from the previous issue. Simon Hocken can be contacted at The Breathe Business Group by emailing simon@nowbreathe.co.uk or calling 01548 855660. More information can be found at www.nowbreathe.co.uk

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Health bosses are to go ahead and fluoridate the water in Southampton, de- spite 72 per cent of residents objecting the idea.

The decision, which will affect around 200,000 people, follows a large public consulta- tion and months of debate. Jim Easton, the South Central Strategic Health Authority’s (SCSHA) chief executive, said: ‘We recognise that water fluoridation is a contentious issue for some people. The board was satisfied that, based on exist- ing research, water fluoridation is a safe and effective way to improve dental health.’

Bob Deans, chief executive for Southampton City Primary Care Trust (PCT) said: ‘Southampton City PCT continues to believe that a water fluoridation scheme, when introduced with continued oral health promotion, will be the most effective way of reducing the large numbers of tooth fillings and extractions currently needed by children in Southampton.’

The British Dental Association (BDA) also welcomed the decision which it claims has been sup- ported by dentists in the region. The BDA’s scientific adviser, Professor Damien Walmsley said: ‘The BDA commends South Central’s decision as we believe that fluoridation is a safe and ef- fective method of reducing den- tal decay and oral health inequalities. We look forward to the day when we can see fewer children in Southampton having to endure the pain and discomfort of de- cay and extractions, having a tooth extracted as a result of adopting this initiative.’

In Southampton, four in every 10 children have a filling by the time they start school.

The decision by South Central Strategic Health Au- thority to back fluoridation, is the first under 2005 laws, giving health authorities powers to demand the serv- ice from water companies.

The decision by the SHA will enable the PCT to go ahead and ask Southern Water to add the chemi- cal to the water, probably by 2010.

A three-month consultation on the plans revealed that 72 per cent of 10,000 local people were opposed to the scheme.

John Spottiswoode, chairman of Hampshire Against Fluoridation, called it ‘absolutely disgrace- ful’ and said: ‘They have refused to listen to all the evidence we have given them. They have ignored the will of the people – 72 per cent did- n’t want it and yet they still are go- ing to do it. It is deeply unethical.’

Anti-fluoridation campaign- ers claim it is ‘mass medication’ and that it is linked to health risks such as bone cancer and hip frac- tures. It also increases fluorosis (staining) of teeth.

Elizabeth McDonagh, chair of the National Pure Water Associa- tion, said it is considering legal action against the scheme in Southampton. She claims the health authorities blatantly pro- moted fluoridation during the three-month consultation and called the consultation a ‘sham and a waste of public money’.

SHAs are required to make de- cisions on the ‘cogency of the argu- ments advanced’ and not simply on numbers of people and organi- sations for or against proposals.

Authorities in north-west England, Derbyshire, Bristol, and Kirklees in West Yorkshire are thought to be among those prepar- ing to go down the same route.

Fluoride is currently added to the water drunk by about 5.3m people in England, a ninth of the population, mainly in Barning- ham and the West Midlands and parts of the north-east.

The government wants to tar- get fluoridisation in areas affected by high levels of dental decay which is mainly deprived areas, where nutrition and oral health care is poorest.

The Scottish government al- ready decided four years ago that it did not want local authorities to have the power to bring in fluor- idation. The Island of Man aban- doned the idea last summer.

‘Sham’ fluoridisation for Southampton

Full-time MP
A dentist in Paisley in Scotland wants to leave dentistry behind and become a full-time MP. Anas Sarwar is the number one choice for the Labour party to stand in the Glasgow Central seat at the next election. Mr Sarwar has been a dentist in Paisley for three and-a- half years but has always wanted to go into politics, having been a Labour supporter since he was 16. The 25-year-old said his bosses and colleagues at Redwell and As- sociates on Causeyside Street have been very understanding over his political ambitions.

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